

## Women's College Hospital (WCH)

- Canada's leading independent, academic, ambulatory care hospital with a primary focus on the health of women
- Started on June 13, 1883 by Dr. Emily Stowe—a suffragist and the first Canadian woman licensed to practice medicine in Canada
- Delivers healthcare system solutions through research, innovation and education
- The first fully ambulatory teaching hospital in Toronto, fully affiliated with the University of Toronto
- Currently has an operating budget of \$105 million
- 800 staff with 546 physicians and 300 nurses and allied health professionals
- 100 researchers and scientists
- \$7 million in total research funding

## Ambulatory Care: Outpatient Healthcare with Better Results

- Women's College Hospital is a hospital designed to keep people out of hospital
- 268,813 ambulatory care visits annually
- Ambulatory care includes surgeries, treatments and diagnostic procedures that do not require overnight hospitalization
- Ambulatory care means greater cost-effectiveness, fewer risks, such as infections, and higher patient satisfaction
- Women's College Hospital's model of ambulatory care focuses on preventing and managing complex and chronic conditions and diseases throughout all life stages, so people live healthier, more independent lives
- Programs and clinics focus on innovative models of care which also aim to improve access and equity for women, and marginalized and underserved populations
- Offers healthcare services that minimize disruptions in patients' lives, reduce the chance of infection, and allow for rapid recovery at home while fully supported by a healthcare team

## Expertise in Chronic Disease Management

- The Centre for Ambulatory Care Education (CACE) Complex Care Clinic treats complex cases requiring more in-depth care
- Patients suffering from chronic illnesses like heart disease, arthritis and depression are followed by a team of professionals with expertise in chronic disease management

- Medications and prescriptions are monitored by pharmacists who supervise and review treatments as needed

### **Ambulatory Surgery**

- Reduces the risk of infection, promotes higher patient satisfaction levels, improves pain management and enables the best treatment outcomes
- Lower risk of contracting respiratory infections
- Low incidences of infection are particularly beneficial to immunocompromised patients
- Patients requiring more extensive post-operative care such as blood transfusions or intravenous antibiotics are best handled on a same-day basis
- Efficient and cost-effective way to provide high-quality healthcare to a large volume of patients

### **Research and Education**

- Women's College Hospital is a teaching hospital, fully affiliated with University of Toronto, and supports research in women's health
- Women's College Hospital is the first of its kind to combine ambulatory care and surgery with teaching and research
- 600 trainees with 31,004 trainee days annually
- Women's College Research Institute, a multidisciplinary research institute based at Women's College Hospital, is one of the few hospital-based institutes worldwide to focus on women's health
- Women's College Hospital was the first hospital in Canada to train female physicians and continues its dedication to pursuing excellence in healthcare for women
- Medical residents are trained in collaborative ambulatory care, chronic disease management and delivery of innovative healthcare solutions