

EMPLOYMENT OPPORTUNITY

Women's College Hospital is the first and only independent, academic, ambulatory care hospital in Ontario with a primary focus on the health of women. If you're ready to be part of the future of healthcare, then you will want to join an institution in which the possibilities for creative innovation, breakthroughs in new thinking and groundbreaking work in academic ambulatory medicine are limitless. Women's College Hospital is committed to patient safety as a key professional value and an essential component of daily practice.

An exciting regular full-time opportunity as a **Therapist (Competition #305.18)** exists in the Brief Psychotherapy Centre for Women (BPCW) reporting to the Clinical Manager.

The Brief Psychotherapy Centre for Women (BPCW) is an inter-professional team of social workers and psychotherapists who offers assessment and time-limited psychotherapy. The Centre's approach is woman-centered, time-limited, relational-cultural, collaborative, and non-medical.

Summary of Duties, but not limited to:

Patient Assessment:

- Lead orientation sessions
- Conduct comprehensive mental health assessments with an awareness of and comfort level in assessing patients who present with suicidality, self-harm, or who pose other safety risks.
- Use of standardized tools for assessment
- Formulate assessment findings and determine the suitability for appropriate resources
- Consult with team members and participate in team discussion regarding assessment and treatment, when required.

Care Planning:

- Develop an intervention plan in collaboration with patients, families, significant others and the interdisciplinary team, based on identified needs.
- Document intervention plan according to specific hospital and professional standards.

Interventions:

- Provide individual and group therapy using the principles of women's centred health care and draw upon recognized psychotherapy models including cognitive behavioural therapy, interpersonal psychotherapy, mindfulness-based therapy, trauma-informed therapy, brief psychodynamic therapy, dialectical behavioural therapy and acceptance commitment therapy, and crisis management
- Consult and collaborate with multidisciplinary team members, as required.

Education, Professional Development, and Quality Improvement:

- Supervises health disciplines students
- Participates in professional development
- Participates in quality improvement initiatives

As a role model and champion you will work to identify and integrate safe, best practices into daily activities to foster the delivery of safe and exemplary care.

The responsibilities described above are representative and are not to be construed as all-inclusive.

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Qualifications/Skills:

- Current registration in good standing with a regulated professional college (Social Worker, Psychotherapist or Occupational Therapist)
- Master degree in a mental-health related discipline
- One year of clinical mental health experience required, preferably in a hospital setting
- Demonstrated experience with a variety of psychotherapies including cognitive behavioural therapy, interpersonal psychotherapy, mindfulness-based therapy, trauma-informed therapy, brief psychodynamic therapy, dialectical behavioural therapy and acceptance commitment therapy, and crisis management
- Experience in individual therapy
- Comfort and experience in participating in peer supervision
- Knowledge of appropriate community resources related to this patient population
- Ability to work independently and manage complex and high-acuity mental health patients
- Excellent time management skills
- Proficient in Microsoft Office
- Exceptional written/verbal communication skills
- Professional behavior and communication that meets the standards of the professional regulatory college or association, as applicable, and the standards of Women's College Hospital
- This position plays a critical role in acting as an advocate for safety and will demonstrate principles, practices and processes that will optimize a safe environment for all

POSTING DATE: Monday November 12, 2018

Please forward resumes via email to HR@wchospital.ca with your name and the competition number in the subject line. (Example: Jane Smith, 1.16)

We thank you for your interest, however, only qualified applicants who are selected to be interviewed will be contacted.

Women's College Hospital is a fully affiliated teaching hospital of the University of Toronto and is committed to fairness and equity in employment and our recruitment and selection practices. We encourage applications from Indigenous peoples, people with disabilities, members of sexual minority groups, members of racialized groups, women and any others who may contribute to the further diversification of our Hospital community. Accommodation will be provided in all parts of the hiring process as required under our Access for People with Disabilities policy. Applicants need to make their requirements known in advance.