



**Environmental Health Clinic**

Tel: 1-800-417-7092 • (416) 351-3764

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*Physician Referral Form*

<p><b>Patient Information</b></p> <p>Name: _____</p> <p>Address: _____</p> <p>Tel: (H) _____ (B) _____</p>
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<p><b>1. Presenting Problem/Reason for Referral</b></p>	
<p><b>2. Health History/Acute or Chronic Problems</b></p>	
<p><b>3. Prior Investigation/Results</b>          (please enclose relevant reports)</p>	<p><b>4. Current Medication/Treatment</b></p>
<p><b>5. Prior Consultations</b>          (please enclose relevant consultant's reports)</p>	<p><b>6. Purpose for referral to Environmental Health Clinic</b></p>

<p><b>Referring Physician Information</b></p> <p>Name: _____</p> <p>Address: _____</p> <p>Tel: _____</p> <p>Fax: _____</p> <p>Email: _____</p> <p>Physician Billing Number: _____</p>	<p>Date: _____</p> <p>_____ MD</p>
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**SCREENING LABORATORY TESTING FOR ENVIRONMENTAL HEALTH CLINIC  
REFERRAL PATIENTS**

*Dear Referring Physician,*

The following tests were suggested by multiple authors to rule out medical problems that may be contributing to symptoms of Chronic Fatigue Syndrome, which has been noted in the literature to overlap with Environmental Sensitivities/Multiple Chemical Sensitivity and Fibromyalgia.

Prior to your patient's attendance at the Environmental Health Clinic, it is requested that this screening be completed to ensure appropriateness of your referral. Please consider the testing indicated in the list below or send reports of blood work done within the past 6 months.

*\*Please forward copies of the labs once completed\**

**TSH – hypothyroidism**

**CBC – leukaemias, hemoglobinopathies, blood loss, infection**

**CRP and ESR – inflammatory conditions**

**ANA – autoimmune disease**

**RF – autoimmune diseases**

**CK – muscle damage**

**ELECTROLYTES – pituitary or metabolic imbalances**

**ALT – liver diseases, alcohol abuse, viral illnesses, toxicity**

**ALP – cancers, liver disease, bone pathology**

**ALBUMIN – liver disease, protein malnutrition**

**SERUM PROTEIN and IMMUNO-ELECTROPHORESIS – immunodeficiencies, multiple myeloma, Waldenstrom's (total protein – wasting syndromes, nephropathies, malnutrition)**

**CALCIUM – parathyroid dysfunction, malignancy with bone metastases, inadequate intake or absorption problems, renal tubular disease**

**25 OH Vitamin D – often deficient in patients with fatigue and pain**

**PHOSPHOROUS – parathyroid dysfunction**

**URINALYSIS – nephropathies, chronic urinary tract infections, diabetes**

**B12 – low values seen in vegans and those with poor GI absorption**

**FERRITIN – hemochromatosis, iron deficiency**

**GLUCOSE – diabetes, impaired glucose tolerance**

**CREATININE – renal disease**

Additionally, depending on the history, you may wish to rule out Lyme disease (*Borrelia burgdorferi* Abs), histoplasmosis (histoplasmin Abs), or chronic viral infections (EBV, Hep C and B, CMV IgG and IgM, Parvovirus B19, HHV6).

*Thank you*