

# Video Visit Quick Start Guide

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## Make sure your device meets the requirements

You can use most modern laptops, desktops, mobile phones, or tablets. They will need a front-facing camera, microphone, speakers or headphones, and a reliable internet connection. **Some devices may require specific software.\***

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## Log-in to your myHealthRecord Account

Go to [www.wchchart.ca](http://www.wchchart.ca) and log-in to your WCH myHealthRecord account. If you don't have an account, follow the steps on the website to register.

If using a mobile device, log-in through the MyChart app by Epic, which you can download from your device's respective app store.

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## Click "appointments" & find your upcoming appointment

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## Click "eCheck-in" and follow the prompts

eCheck-in becomes available 24 hours prior to the start time of your appointment.

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## Click "Begin Video Visit"

The link to your video visit will become available 30 minutes prior to the start time of your appointment, and will only be activated once you complete eCheck-in.

\*For specific device and software requirements, as well as more detailed instructions, please visit the Women's Virtual website:

<https://www.womenscollegethospita.ca/care-programs/video-visit-instructions>