On Wednesday, Nov. 19, 2014, Women’s College Hospital will celebrate World COPD Day by offering **free spirometry testing** and educational sessions for our community. Chronic obstructive pulmonary disease (COPD) is a lung disease that blocks airflow, making it difficult to breathe. Spirometry testing, a simple test used to help diagnose asthma and other lung conditions, takes only a few minutes but can make a big difference in long-term health and well-being.

Join us to get your spirometry test and to hear more about COPD!

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**Schedule of Events**

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<thead>
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<th>EVENT</th>
<th>TIME</th>
<th>LOCATION</th>
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| **Walk-in spirometry testing**  
(Please give yourself five to 10 minutes) | 9 to 11 a.m.  
and  
1 to 4 p.m. | Women’s College Hospital  
Pulmonary Function Lab  
4th floor, room 4331 |
| **Live webcast: Pharmacological Management of COPD**  
Speaker: Dr. Reza Maleki  
Link: [http://webcast.otn.ca/mywebcast/?id=38817748](http://webcast.otn.ca/mywebcast/?id=38817748)  
Sponsored by the Ontario Lung Association | 12 to 1 p.m. | Women’s College Hospital  
6th floor, room 6301  
Lunch will be provided. |
| **Workshops:**  
Hands-on workshops for all allied health staff and physicians. Workshops will cover:  
• indications for spirometry  
• interpreting spirometry  
• using spirometry results | 9 to 9:30 a.m.  
11:30 a.m. to 12 p.m.  
1 to 1:30 p.m. | Women’s College Hospital  
4th floor, room 4101  
Refreshments will be provided. |

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**In partnership with:** The Ontario Lung Association, Smokers’ Helpline, Toronto Western Hospital, AstraZeneca and Boehringer-Ingelheim.

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