



WOMEN'S COLLEGE HOSPITAL  
Health care for women | REVOLUTIONIZED

### BONE MINERAL DENSITOMETRY QUESTIONNAIRE

**Office Use**

Appt Date: DD/MM/YYYY Time: \_\_\_\_\_

Copies to Osteoporosis Program:  Yes  No

**Referring physician:** \_\_\_\_\_  
Name (please print) Phone #/ address Fax #

**Copy to other physician:** \_\_\_\_\_  
Name (please print) Phone #/address Fax #

Have you had an X-ray with barium in the last 2 weeks?  Yes  No

Have you had a Nuclear Medicine scan, MRI, CT scan or X-ray with injection of a dye in the last week?  Yes  No

If you answered YES to any of the above questions please tell the secretary before your test

Please answer the following questions. If you need assistance in completing this questionnaire, the Technologist can help you at the time of your test.

Have you had a previous Bone Mineral Density (BMD) test done?  No  Yes ▶ When? YYYY/MM/DD  
Where?  WCH  Other

Spinal &/or hip surgery?  No  Yes ▶ please specify: \_\_\_\_\_

Low trauma fracture after age 40?  No  Yes ▶  Hip  Wrist  Spine  Rib  
 Other bones, specify: \_\_\_\_\_

Are you currently taking oral steroids?  Yes  No

Are you still menstruating?  Yes ▶ Is there a possibility that you are pregnant  Yes  No  
 No ▶ At what age did you go through menopause? \_\_\_\_\_

If you no longer have periods, was this the result of:

- a) Natural menopause  Yes  No
- b) Chemotherapy  Yes  No
- c) Hysterectomy  Yes  No

↓  
If Yes, were the ovaries removed?  None  1 Ovary  2 Ovaries  Don't know

Did you have your first period after age 14?  No  Yes ▶ if Yes at what age \_\_\_\_\_

Has your mother or father ever broken their hip?  Yes  No  Don't know

Do you currently smoke?  Yes  No

Do you drink more than 3 alcoholic beverages a day?  Yes  No  
(1 beverage = 10oz beer = 4oz wine = 1 oz hard liquor)

**Office Use Technologist Notes:**

Height: \_\_\_\_\_ cm Change: \_\_\_\_\_ Weight: \_\_\_\_\_ kg Change: \_\_\_\_\_

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**Have you ever taken any of the following medication(s) for your bones?**

	<u>Never</u>	<u>Currently</u>	<u>Previously</u>	<u>Date Stopped</u>
Fosamax / Actonel / Didrocal Alendronate/ Risedronate/ Etidronate)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Evista(Raloxifene)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
FORTEO (PTH, Teriparatide)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
IV Aclasta(Zoledronic Acid)/ IV Pamidronate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Prolia(Denosumab)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Other Osteoporosis Medications: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

**Have you ever taken any of the following hormones?**

	<u>Never</u>	<u>Currently</u>	<u>Previously</u>	<u>Date Stopped</u>
Hormone Replacement Therapy: Estrogen (Oral/Patch)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Depo Provera injections for <u>more than 1 year</u>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Lupron	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Testosterone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

**Have you ever taken any of the following medication(s)?**

	<u>Never</u>	<u>Currently</u>	<u>Previously</u>	<u>Date Stopped</u>
Oral or IV Steroids (Prednisone) for <b><u>at least 3 months</u></b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Inhaled steroids <b>every</b> day for <b><u>at least 1 year</u></b> (not Ventolin)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Anti-seizure meds (Dilantin, Tegretol, Phenobarbitol) for <b><u>at least 3 months</u></b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Treatment of Breast Cancer: Tamoxifen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Treatment of Breast Cancer: Aromatase Inhibitors (Arimidex(Anastrozole), Femara(Letrozol), Aromasin(Exemestane))	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Chemotherapy specify reason: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hormone treatment for Prostate Cancer(androgen-deprivation)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

**Have you ever been diagnosed with the following medical conditions by a physician?**

*Please circle the answer either Yes (Y) or No (N):*

Emphysema/COPD	<b>Y / N</b>	Inflammatory Arthritis (eg. Rheumatoid/	<b>Y / N</b>
Asthma	<b>Y / N</b>	Psoriatic/Ankylosing Spondylitis)	
Ulcerative Colitis	<b>Y / N</b>	Systemic Lupus Erythematosus	<b>Y / N</b>
Crohn's Disease	<b>Y / N</b>	Cancer, <u>not</u> including skin cancer	<b>Y / N</b>
Celiac Disease	<b>Y / N</b>	Specify: _____	
Kidney Failure	<b>Y / N</b>	Multiple Myeloma	<b>Y / N</b>
Overactive thyroid, now or in the past	<b>Y / N</b>	Bone Marrow Transplant	<b>Y / N</b>
Hyperparathyroidism	<b>Y / N</b>	Organ Transplant	<b>Y / N</b>
Eating Disorder (Anorexia Nervosa)	<b>Y / N</b>	Other long-standing medical problem	<b>Y / N</b>
		Specify: _____	