



Environmental Health Clinic

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Physician Referral Form

<p>Patient Information</p> <p>Name: _____</p> <p>Address: _____</p> <p>Tel: (H) _____ (B) _____</p>
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<p>1. Presenting Problem</p>	
<p>2. Other Problems</p>	
<p>3. Prior Investigation/Results (please enclose relevant reports)</p>	<p>4. Current Medication/Treatment</p>
<p>5. Prior Consultations (please enclose relevant consultant's reports)</p>	<p>6. Purpose for referral to Environmental Health Clinic</p>

<p>Referring Physician Information</p> <p>Name: _____</p> <p>Address: _____</p> <p>Tel: _____</p> <p>Fax: _____</p> <p>Email: _____</p> <p>Physician Billing Number: _____</p>	<p>Date: _____</p> <p>_____ MD</p>
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**SCREENING LABORATORY TESTING FOR ENVIRONMENTAL HEALTH CLINIC
REFERRAL PATIENTS**

Dear Referring Physician,

The following tests were suggested by multiple authors to rule out medical problems that may be contributing to symptoms of Chronic Fatigue Syndrome, which has been noted in the literature to overlap with Environmental Sensitivities/Multiple Chemical Sensitivity and Fibromyalgia.

Prior to your patient's attendance at the Environmental Health Clinic, it would be helpful if you would **order the following laboratory screening tests for them to complete 6 months in advance of their scheduled appointment**

**Please forward copies of the labs before the patient's appointment.*

TSH – hypothyroidism

CBC – leukemias, hemoglobinopathies, blood loss, infection

CRP and ESR – inflammatory conditions

ANA – autoimmune disease

RF – autoimmune diseases

CK – muscle damage

ELECTROLYTES – pituitary or metabolic imbalances

ALT – liver diseases, alcohol abuse, viral illnesses, toxicity

ALP – cancers, liver disease, bone pathology

ALBUMIN – liver disease, protein malnutrition

SERUM PROTEIN and IMMUNO-ELECTROPHORESIS – immunodeficiencies, multiple myeloma, Waldenstrom's (total protein – wasting syndromes, nephropathies, malnutrition)

CALCIUM – parathyroid dysfunction, malignancy with bone metastases, inadequate intake or absorption problems, renal tubular disease

25 OH Vitamin D – often deficient in patients with fatigue and pain

PHOSPHOROUS – parathyroid dysfunction

URINALYSIS – nephropathies, chronic urinary tract infections, diabetes

B12 – low values seen in vegans and those with poor GI absorption

FERRITIN – hemochromatosis, iron deficiency

GLUCOSE – diabetes, impaired glucose tolerance

CREATININE – renal disease

Additionally, depending on the history, you may wish to rule out Lyme disease (*Borrelia burgdorferi* Abs), histoplasmosis (histoplasmin Abs), or chronic viral infections (EBV, Hep C and B, CMV IgG and IgM, Parvovirus B19, HHV6).

Thank you