

Endocrinology Program | COVID-19 Vaccination Information

As a patient of the Women's College Hospital Endocrinology and Diabetes Program, this document has been prepared to help you with questions about the COVID-19 vaccine as it generally relates to individuals with your medical condition. If you feel your concerns were not addressed, please speak with your physicians.

Currently there are four COVID-19 vaccines approved for use in Canada; three of which are currently available: Pfizer-BioNTech, Moderna and AstraZeneca. As the COVID-19 vaccination situation is rapidly changing, content contained in this document is only current as of April 15, 2021. Please always refer to public health guidelines within your area. You may also refer to :

[Ontario Communications Resources](#)

[Women's College Hospital COVID-19 vaccine information](#)

1. Am I eligible for the COVID-19 vaccine?

Vaccine eligibility is constantly changing in Ontario as the province progresses through [its vaccination plan](#). Eligibility varies by postal code, age, occupation and health status. You are encouraged to refer to [Ontario.ca/BookVaccine](#) to determine if you qualify for a vaccine in your area and to book an appointment at your nearest clinic. Please note that appointment availability is dependant on supply.

Registration based on health status can also be done through partner hospital [UHN](#). This does not give you immediate access to an appointment, you will be contacted once an appointment is available based on supply. All other registration based on age and occupation can be done through the provincial booking system at [Ontario.ca/BookVaccine](#).

2. Is the COVID-19 vaccine recommended for people with diabetes?

Evidence shows that people with diabetes (type 1 and type 2) are **not** more likely to contract COVID-19 than people without type 1 or type 2 diabetes. But if they do get COVID-19, adults living with diabetes are at greater risk of developing serious symptoms and problems.

Diabetes Canada encourages **all adults with type 1 and type 2 diabetes to receive the COVID-19 vaccination**. Diabetes is considered an at-risk health condition and currently qualifies for Phase 2 of the COVID-19 vaccination.

Please see the Diabetes Canada [positioning statement](#) for more details:

3. Do I need a letter from my doctor confirming that I have a high-risk or at-risk condition to get the COVID-19 vaccine?

A doctor's letter or other proof of your condition is **not required for the vaccine**, and a letter will not be provided.

4. Does autoimmune thyroid disease qualify as an at-risk condition for Phase 2 of the COVID-19 vaccination?

High-risk and at-risk conditions are those that affect the ability to fight infections or have been associated with worse COVID-19 outcomes. Well-controlled autoimmune thyroid disease would not be considered in this category.