SALIVA Specimen Collection Instructions

1. Before sample collection:
   • Have your child drink a glass of water 60 minutes prior to promote saliva production.
   • DO NOT eat, drink, chew gum, smoke or vape for 30 minutes.
   • Ensure that you have a complete collection kit and a label for the sample.

2. Preparing the container:
   • Wash hands prior to handling sample container.
   • Open the sterile container and place the blue lid upside down on a clean surface, being careful not to touch the inside of the lid.
   • Make sure the clear funnel cap is securely attached to the container.

3. Collecting saliva:
   • Stop swallowing and let saliva pool in your mouth; then, gently release the saliva into the sterile container while being careful not to contaminate the outside of the container.
   • Continue collecting until 2-5 mL of saliva has been collected (ignore bubbles); this may take 2-5 minutes depending on your hydration.

4. Closing the container:
   • Once 2-5 mL of saliva has been collected, remove the clear funnel cap and close the container by carefully screwing on the blue lid, without touching it on the inside.
   • Ensure that the blue lid is on tightly in order to avoid leakage during transportation.

5. Preparing the container for transportation:
   • Clean the outside of the container and place the container in the biohazard bag provided.
   • Place the label given to you at the Assessment Center on the container.
   • Place the 1st bag inside the 2nd bag and store in the refrigerator until you are able to bring it back.

6. Bring Back to the Assessment Center:
   • Return to the Covid Assessment Center within 24 hours of collection to drop off your specimen.
   • Tell the Security Guard that you are dropping off a specimen and they will show you where to leave it.
   • The specimen should be kept in a refrigerator until you bring it back to drop off.
   • If a specimen is returned without an identifying label, it will NOT be processed.

Collection Kit Components
1. Sterile Screw Top Container
2. Sheet of instructions
3. Label with identifying information
4. 2 Biohazard bags

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