

# Naloxone

is an antidote for opioids which can include:

Codeine Demerol Hydromorphone Heroin Oxycodone  
Dilaudid Morphine Buprenorphine Fentanyl Methadone

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## Signs of an Overdose



Soft/no breath  
or snoring



Pinpoint  
pupils



Blue lips, nails,  
or skin



Cold,  
clammy skin



Limp  
body



Doesn't respond  
to shouting

2

Call 911

3

## Give Naloxone



Break drug  
ampoule



Pull into  
needle slowly



Inject into  
large muscle

4

## Check The Person's Breathing

Breathing



Put person in  
recovery position

- Hand supports head  
- Knee stops body from  
rolling onto stomach

Not Breathing



Give compressions  
until help arrives

Push hard and fast in  
center of chest to the  
beat of *Stayin' Alive*

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## Stay Calm

Don't put them in a bathtub/shower  
Wait for help to arrive

Don't inject stimulants (ie. meth)  
Don't stand them up

More info:

- <http://harmreduction.org/issues/overdose-prevention/overview/overdose-basics/>
- <http://www.ccsa.ca/Resource%20Library/CCSA-CCENDU-Take-Home-Naloxone-Canada-2016-en.pdf>
- <http://www.albertahealthservices.ca/info/page12491.aspx>
- <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6423a2.htm>