

# Breast Reconstruction Surgery Workshop

You are invited to attend a workshop for those who are contemplating or scheduled to receive breast reconstruction surgery.

Health professionals will present on the areas of surgical options for breast reconstruction, post-surgical care, stress management/relaxation, exercise, body image and emotional health.

**When:** Thursday, June 2, 2022 | 9:00am – 2:00pm

**Where:** Virtual Zoom

## AGENDA:

9:00am-9:15am | Introductions

9:15am-9:45am | Surgical Oncologist

9:45am-10:45am | Plastic Surgeon

10:45am-11:00am | Break

11:00am-11:30am | Nursing

11:30am-12:00pm | Social Worker

12:00pm-12:45pm | Lunch

12:45pm-1:15pm | OT/PT

1:15pm-1:45pm | Patient Perspective

1:45pm-2:00pm | Wrap Up

\*Please wear comfortable clothing for the OT/PT session.

**For any questions you may have, please contact:**

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