



Breast Reconstruction Surgery Virtual Workshop

You are invited to attend a workshop for those who are contemplating or scheduled to receive breast reconstruction surgery.

Health professionals will present on the areas of surgical options for breast reconstruction, post-surgical care, stress management/relaxation, exercise, body image and emotional health.

WHEN: Monday, February 26, 2024. 9:00 a.m. - 2:00 p.m.

WHERE: Virtual | Zoom

AGENDA

9:00 a.m. - 9:15 a.m. Introductions	11:30 a.m. - 12:10 p.m. OT/PT*
9:15 a.m. - 9:45 a.m. Surgical Oncology	12:10 p.m. - 12:40 p.m. Lunch
9:45 a.m. - 10:45 a.m. Plastic Surgery	12:40 p.m. - 1:05 p.m. Social Worker
10:45 a.m. - 11:00 a.m. Break	1:05 p.m. - 1:45 p.m. Patient Perspective
11:00 a.m. - 11:30 a.m. Nursing	1:45 p.m. - 2:00 p.m. Wrap Up

* Please wear comfortable clothing for the OT/PT session.

For any questions you may have, please contact:

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